

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve
Fresh, local, honest food.

Our food is free from *undesirable trans fats, sweeteners
and additives*

Our food is freshly prepared on site by professional staff
who care about quality and ingredients

We support local wherever possible...our meat comes from
*Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of
Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake
oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Spring / Summer 2023

At: **Warmingham Primary**

May 2023						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2023						
M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2023						
M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2023						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October 2023						
M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Spring/ Summer Menu 2023

Week 1

Week 2

MONDAY

Homemade Cheese &
Onion Flan with Salad
Potatoes (v)

Quorn & Vegetable
Stir Fry with Noodles
(v)

Dorset Apple Cake or
Fresh Fruit

TUESDAY

Beef Burger in a Bun
with Sauté Potatoes
& Coleslaw

Vegetarian Burger in
a Bun with Sauté
Potatoes & Coleslaw

Fruity Jelly or Yogurt

WEDNESDAY

Roast Chicken &
Stuffing, Potatoes,
Vegetables & Gravy

Roast Quorn Fillet,
Potatoes, Vegetables
& Gravy (v)

Chocolate Orange
Kracholette or Fresh
Fruit

THURSDAY

Mild Beef Chilli with
Rice

Tomato & Vegetable
Pasta Bake (v)

Summer Fruit
Sponge or Fresh Fruit

FRIDAY

Fish Fingers with
Chips, Baked Beans
or Peas

Cheese & Tomato
Pizza with Chips &
Peas or Sweetcorn

Shortbread Finger
with Fruit Chunk or
Fresh Fruit

MONDAY

Vegetarian Sausage
Roll with Potato
Wedges (v)

Vegetarian Spaghetti
Bolognese (v)

Chocolate Crunch
Finger with Fruit
Chunk or Fresh Fruit

TUESDAY

Fruity Pork Curry
with Rice & Cous
Cous (v)

Tomato Pasta (v)

Melting Moment,
Yogurt or Fresh Fruit

WEDNESDAY

All Day Breakfast

Jacket Potato with
Cheese & Beans (v)

Apple & Sultana
Flapjack or Fresh
Fruit

THURSDAY

Southern Style
Chicken with
Savoury Rice

Cheese Toastie with
Vegetable Sticks (v)

Pear & Chocolate
Sponge or Fresh Fruit

FRIDAY

Battered Fish &
Chips with Baked
Beans or Sweetcorn

BBQ Quorn Wrap
with Chips (v)

Ice Cream & Fruit
Coulis or Fresh Fruit

